



Healthy Club Policy

Providing a healthy
and safe
environment for
Players, Officials and
Spectators

Policy No: 001

Last Updated: May 2009

Policy Owner: President



Healthy Club Policy

Who is affected by this Policy

This policy applies to all members, administrators, officials, coaches, players, visitors and volunteers of the Subiaco Junior Football Club.

Timing

This policy is effective from 3 May 2009.

Smoking

Subiaco Junior Football Club recognises that smoking and passive smoking are hazardous to health. We will ensure a smoke-free environment by:

- Ensuring all areas of the club, including the change rooms, and all club functions are smoke-free;
- Not selling tobacco products on the premises; and
- Prominently displaying no-smoking signage.

Sun Protection

Subiaco Junior Football Club will take all reasonable steps to address sun safe practices by:

- Encouraging players and supporters to wear sunscreen during training and games; and
- Providing sunscreen to members and participants.

Sports Safety

Subiaco Junior Football Club will encourage all members to adopt practices that seek to prevent injury by:

- Encouraging warm-up, stretching and cool-down as an important component of playing and training;
- Promoting the use of protective equipment including body padding, mouthguards, suitable clothing and footwear;
- Providing safe playing surfaces, first aid equipment at all training sessions and competition matches;
- Ensuring adequate public liability and player insurance for all members; and
- Encouraging all players with a prior or current injury to seek professional advice from a sports medicine professional and be fully rehabilitated before returning to play.



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Non compliance strategy

The following four step non-compliance strategy will be followed if anyone breaches the Subiaco Junior Football Club Healthy Club Policy:

1. Assume that the person is unaware of the policy;
2. A staff member or club representative will approach the person breaching the policy and ask them to refrain from the behaviour and remind them about the policy;
3. If an offence continues (ie someone continues to smoke in a smokefree area) the most senior staff member will verbally warn them again and hand over a formally written letter. The letter will outline the healthy club policy and state that if the persons continues the behaviour they will be asked to leave; and
4. If the offence does continue then the patron will be escorted out of the facility by staff and/or a senior club representative.

Policy review

This policy will be reviewed six months after its introduction and then on annual basis thereafter. This will ensure that the policy remains current and practical.

Coaches, Parents, Volunteers, Officials, Spectators and Players are expected to set appropriate examples and act as role models for junior club members. The club will make information available to club members and families to promote healthy lifestyles. Anyone wishing to discuss any aspect of this policy is invited to contact any members of the committee.

Thank you for your co-operation.

DAVID MONAGHAN

President

5 May 2009